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January						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p style="text-align: center;">January 22nd</p> <p>CCFP Exam: PASS OR FAIL? Top 5 tips to help you pass!</p> <ul style="list-style-type: none"> • Click here to access 	<p style="text-align: center;">January 23rd</p> <p>Print out the CCFP key features this weekend (consider getting it bound!)</p> <ul style="list-style-type: none"> • Click here to access 	<p style="text-align: center;">January 24th</p> <p>Review Topics:</p> <ul style="list-style-type: none"> • Ischemic Heart Disease • Hypertension <p>Test Your Knowledge:</p> <ul style="list-style-type: none"> • Click here to access 	<p style="text-align: center;">January 25th</p> <p>Review Topics:</p> <ul style="list-style-type: none"> • Asthma • COPD • Cough <p>Test Your Knowledge:</p> <ul style="list-style-type: none"> • Wheezing ain't easy! Is it COPD or Asthma?! • PRACTICE SOO WITH YOUR STUDY BUDDY 	<p style="text-align: center;">January 26th</p> <p>Review Topics:</p> <ul style="list-style-type: none"> • Vaginal Bleeding • Vaginitis 	<p style="font-size: 2em; color: white; background-color: #008080; padding: 10px; display: inline-block; transform: rotate(45deg); transform-origin: center;">REST DAY!</p>	<p style="text-align: center;">January 28th</p> <p>Review Topics:</p> <ul style="list-style-type: none"> • Menopause • Breast Lump <p>Test Your Knowledge:</p> <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY
<p style="text-align: center;">January 29th</p> <p>Review Topics:</p> <ul style="list-style-type: none"> • Infertility • Pregnancy (this is a MONSTER TOPIC – take your time!) <p>Test Your Knowledge:</p> <ul style="list-style-type: none"> • Click here to access • Click here to access 	<p style="text-align: center;">January 30th</p> <p>Review Topics:</p> <ul style="list-style-type: none"> • Dizziness • Dementia • Headache <p>Test Your Knowledge:</p> <ul style="list-style-type: none"> • Click here to access • Click here to access • Click here to access 	<p style="text-align: center;">January 31st</p> <p>Review Topics:</p> <ul style="list-style-type: none"> • Mental Competency • Parkinsonism <p>Test Your Knowledge:</p> <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY 				



February						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			February 1st 	February 2nd Review Topics: <ul style="list-style-type: none"> • Stroke • Atrial Fibrillation Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY 	February 3rd Review Topics: <ul style="list-style-type: none"> • Abdominal Pain (big topic!) • Diarrhea Test Your Knowledge: <ul style="list-style-type: none"> • Click here to access • Click here to access 	February 4th Review Topics: <ul style="list-style-type: none"> • Dyspepsia • Gastrointestinal Bleed • Hepatitis Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY
February 5th Review Topics: <ul style="list-style-type: none"> • Diabetes • Obesity • Thyroid • Osteoporosis Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY 	February 6th 	February 7th Review Topics: <ul style="list-style-type: none"> • Smoking Cessation • Lifestyle Test Your Knowledge: <ul style="list-style-type: none"> • Click here to access 	February 8th Review Topics: <ul style="list-style-type: none"> • Infections & Antibiotics • Meningitis • Pneumonia Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY 	February 9th Review Topics: <ul style="list-style-type: none"> • Sexually Transmitted Infections • Upper Respiratory Tract Infection Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY 	February 10th Review Topics: <ul style="list-style-type: none"> • Prostate • Urinary Tract Infections & Dysuria • Sex 	February 11th 
February 12th Review Topics: <ul style="list-style-type: none"> • Anemia • DVT • Disability • Gender Specific Issues • Immigrants • Learning • Multiple Medical Problems Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY 	February 20th Review Topics: <ul style="list-style-type: none"> • Advanced Cardiac Life Support • Dehydration • Epistaxis • Fractures • Fever • Lacerations 	February 21st Review Topics: <ul style="list-style-type: none"> • Low Back Pain • Rape & Sexual Assault • Trauma Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY 	February 15th 	February 16th FMEP LIVE COURSE 	February 17th FMEP LIVE COURSE 	February 18th FMEP LIVE COURSE 
February 19th Family Day Holiday ♥♥♥♥♥♥♥♥♥♥♥♥♥♥♥♥ Spend time with your loved ones ♥♥♥♥♥♥♥♥♥♥♥♥♥♥♥♥	February 20th Review Topics: <ul style="list-style-type: none"> • Immunization • In children • Newborn & well baby care Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY 	February 21st Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY 	February 22nd Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY 	February 23rd Review Topics: <ul style="list-style-type: none"> • Anxiety • Behavioural Problems Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY 	February 24th 	February 25th Review Topics: <ul style="list-style-type: none"> • Insomnia • Somatization • Stress Test Your Knowledge: <ul style="list-style-type: none"> • Click here to access • Click here to access
February 26th Review Topics: <ul style="list-style-type: none"> • Suicide • Depression • Crisis Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY 	February 27th Review Topics: <ul style="list-style-type: none"> • Bad News • Difficult and Violent Patient • Domestic Violence Test Your Knowledge: <ul style="list-style-type: none"> • Click here to access 	February 28th Review Topics: <ul style="list-style-type: none"> • Allergy • Elderly Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY • PRACTICE SOO WITH YOUR STUDY BUDDY 	February 29th 			

March						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				March 1st FMEP WEST COAST COURSE 	March 2nd FMEP WEST COAST COURSE 	March 3rd FMEP WEST COAST COURSE 
March 4th 	March 5th Review Topics: <ul style="list-style-type: none"> • Congestive Heart Failure • Shortness of Breath Test Your Knowledge: <ul style="list-style-type: none"> • Click here to access 	March 6th Review Topics: <ul style="list-style-type: none"> • Skin Disorder & Rash • Chronic Pain & Pain Test Your Knowledge: <ul style="list-style-type: none"> • Click here to access • Click here to access 	March 7th Review SOO Dos and DON'Ts: <ul style="list-style-type: none"> • Click here to access Review the SOO tips and infographic: <ul style="list-style-type: none"> • Click here to access • Review pages with the "We think you should memorize this" owl 	March 8th Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY • PRACTICE SOO WITH YOUR STUDY BUDDY 	March 9th 	March 10th Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY
March 11th Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY 	March 12th Review Topics: <ul style="list-style-type: none"> • Hyperlipidemia • Chest Pain Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY 	March 13th Review Topics: <ul style="list-style-type: none"> • Contraception • Eating disorders Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY 	March 14th 	March 15th FMEP EAST COAST COURSE 	March 16th FMEP EAST COAST COURSE 	March 17th FMEP EAST COAST COURSE 
March 18th 	March 19th Review Topics: <ul style="list-style-type: none"> • Personality Disorder & Counselling • Substance Abuse 	March 20th Review Topics: <ul style="list-style-type: none"> • Neck Pain • Red eye Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY 	March 21st Review Topics: <ul style="list-style-type: none"> • Travel Medicine • Poisoning Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY 	March 22nd 	March 23rd Review Topics: <ul style="list-style-type: none"> • Family Issues • Grief Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SAMP 	March 24th Review Topics: <ul style="list-style-type: none"> • Croup • Earache
March 25th Review Topics: <ul style="list-style-type: none"> • Seizures • Loss of consciousness 	March 26th 	March 27th Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY • PRACTICE SOO WITH YOUR STUDY BUDDY 	March 28th Review Topics: <ul style="list-style-type: none"> • Loss of Weight • Palliative Care 	March 29th Review Topics: <ul style="list-style-type: none"> • Fatigue • Joint Disorder 	March 30th 	March 31st Review Topics: <ul style="list-style-type: none"> • Trauma • ACLS • Pneumonia • Infections • Antibiotics • Osteoporosis • Hyperlipidemia • Hypertension Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SAMP

April						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
April 1st 	April 2nd Review pages with the "We think you should memorize this" owl 	April 3rd Review pages with the "We think you should memorize this" owl 	April 4th Review pages with the "We think you should memorize this" owl 	April 5th Review pages with the "We think you should memorize this" owl 	April 6th Review pages with the "We think you should memorize this" owl 	April 7th Review pages with the "We think you should memorize this" owl 
April 8th 	April 9th CCFP SAMP EXAM			April 10th CCFP SAMP EXAM		April 11th CCFP SAMP EXAM
April 12th 	April 13th Review pages with the "We think you should memorize this" owl 		April 14th Review pages with the "We think you should memorize this" owl 			
April 15th Review pages with the "We think you should memorize this" owl 	April 16th Review pages with the "We think you should memorize this" owl 	April 17th Review pages with the "We think you should memorize this" owl 	April 18th Review pages with the "We think you should memorize this" owl 	April 19th 	April 20th CCFP SOO EXAM	April 21st CCFP SOO EXAM
April 22nd 	April 23rd Review pages with the "We think you should memorize this" owl 	April 24th Review pages with the "We think you should memorize this" owl 	April 25th Review pages with the "We think you should memorize this" owl 	April 26th 	April 27th CCFP SOO EXAM	April 28th CCFP SOO EXAM
April 29th 	April 30th 