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January						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p style="text-align: center;">January 16th</p> <p>CCFP Exam: PASS OR FAIL? Top 5 tips to help you pass!</p> <ul style="list-style-type: none"> • Click here to access 	<p style="text-align: center;">January 17th</p> <p>Print out the CCFP key features this weekend (consider getting it bound!)</p> <ul style="list-style-type: none"> • Click here to access 	<p style="text-align: center;">January 18th</p> <p>Review Topics:</p> <ul style="list-style-type: none"> • Ischemic Heart Disease • Hypertension <p>Test Your Knowledge:</p> <ul style="list-style-type: none"> • Click here to access 	<p style="font-size: 2em; color: white; background-color: #008080; padding: 10px; transform: rotate(45deg); display: inline-block;">REST DAY!</p>	<p style="text-align: center;">January 20th</p> <p>Review Topics:</p> <ul style="list-style-type: none"> • Asthma • COPD • Cough <p>Test Your Knowledge:</p> <ul style="list-style-type: none"> • Wheezing ain't easy! Is it COPD or Asthma?! • PRACTICE SOO WITH YOUR STUDY BUDDY 	<p style="text-align: center;">January 21st</p> <p>Review Topics:</p> <ul style="list-style-type: none"> • Vaginal Bleeding • Vaginitis 	<p style="text-align: center;">January 22nd</p> <p>Review Topics:</p> <ul style="list-style-type: none"> • Menopause • Breast Lump <p>Test Your Knowledge:</p> <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY
<p style="font-size: 2em; color: white; background-color: #008080; padding: 10px; transform: rotate(45deg); display: inline-block;">REST DAY!</p>	<p style="text-align: center;">January 24th</p> <p>Review Topics:</p> <ul style="list-style-type: none"> • Infertility • Pregnancy (this is a MONSTER TOPIC – take your time!) <p>Test Your Knowledge:</p> <ul style="list-style-type: none"> • Click here to access • Click here to access 	<p style="text-align: center;">January 25th</p> <p>Review Topics:</p> <ul style="list-style-type: none"> • Dizziness • Dementia • Headache <p>Test Your Knowledge:</p> <ul style="list-style-type: none"> • Click here to access • Click here to access • Click here to access 	<p style="text-align: center;">January 26th</p> <p>Review Topics:</p> <ul style="list-style-type: none"> • Mental Competency • Parkinsonism <p>Test Your Knowledge:</p> <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY 	<p style="font-size: 2em; color: white; background-color: #008080; padding: 10px; transform: rotate(45deg); display: inline-block;">REST DAY!</p>	<p style="text-align: center;">January 28th</p> <p>Review Topics:</p> <ul style="list-style-type: none"> • Stroke • Atrial Fibrillation <p>Test Your Knowledge:</p> <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY 	<p style="text-align: center;">January 29th</p> <p>Review Topics:</p> <ul style="list-style-type: none"> • Abdominal Pain (big topic!) • Diarrhea <p>Test Your Knowledge:</p> <ul style="list-style-type: none"> • Click here to access • Click here to access
<p style="text-align: center;">January 30th</p> <p>Review Topics:</p> <ul style="list-style-type: none"> • Dyspepsia • Gastrointestinal Bleed • Hepatitis <p>Test Your Knowledge:</p> <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY 	<p style="font-size: 2em; color: white; background-color: #008080; padding: 10px; transform: rotate(45deg); display: inline-block;">REST DAY!</p>					

February						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		February 1st Review Topics: <ul style="list-style-type: none"> • Diabetes • Obesity • Thyroid • Osteoporosis Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY 	February 2nd 	February 3rd FMEP LIVE COURSE 	February 4th FMEP LIVE COURSE 	February 5th FMEP LIVE COURSE 
February 6th 	February 7th Review Topics: <ul style="list-style-type: none"> • Smoking Cessation • Lifestyle Test Your Knowledge: <ul style="list-style-type: none"> • Click here to access 	February 8th Review Topics: <ul style="list-style-type: none"> • Infections & Antibiotics • Meningitis • Pneumonia Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY 	February 9th Review Topics: <ul style="list-style-type: none"> • Sexually Transmitted Infections • Upper Respiratory Tract Infection Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY 	February 10th 	February 11th Review Topics: <ul style="list-style-type: none"> • Prostate • Urinary Tract Infections & Dysuria • Sex 	February 12th Review Topics: <ul style="list-style-type: none"> • Anemia • DVT • Disability • Gender Specific Issues • Immigrants • Learning • Multiple Medical Problems Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY
February 13th Review Topics: <ul style="list-style-type: none"> • Prostate • Urinary Tract Infections & Dysuria • Sex 	February 14th 	February 15th Review Topics: <ul style="list-style-type: none"> • Anemia • DVT • Disability • Gender Specific Issues • Immigrants • Learning • Multiple Medical Problems Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY 	February 16th 	February 17th FMEP WEST COAST COURSE 	February 18th FMEP WEST COAST COURSE 	February 19th FMEP WEST COAST COURSE 
February 20th Family Day Holiday ♥♥♥♥♥♥♥♥♥♥♥♥♥♥♥♥ Spend time with your loved ones ♥♥♥♥♥♥♥♥♥♥♥♥♥♥♥♥	February 21st Review Topics: <ul style="list-style-type: none"> • Advanced Cardiac Life Support • Dehydration • Epistaxis • Fractures • Fever • Lacerations 	February 22nd Review Topics: <ul style="list-style-type: none"> • Low Back Pain • Rape & Sexual Assault • Trauma Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY 	February 23rd Review Topics: <ul style="list-style-type: none"> • Immunization • In children • Newborn & well baby care Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY 	February 24th 	February 25th Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY • PRACTICE SOO WITH YOUR STUDY BUDDY 	February 26th Review Topics: <ul style="list-style-type: none"> • Anxiety • Behavioural Problems Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY
February 27th Review Topics: <ul style="list-style-type: none"> • Insomnia • Somatization • Stress Test Your Knowledge: <ul style="list-style-type: none"> • Click here to access • Click here to access 	February 28th 					

March						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		March 1st Review Topics: <ul style="list-style-type: none"> • Suicide • Depression • Crisis Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY 	March 2nd 	March 3rd FMEP EAST COAST COURSE 	March 4th FMEP EAST COAST COURSE 	March 5th FMEP EAST COAST COURSE 
March 6th 	March 7th Review Topics: <ul style="list-style-type: none"> • Bad News • Difficult and Violent Patient • Domestic Violence Test Your Knowledge: <ul style="list-style-type: none"> • Click here to access 	March 8th Review Topics: <ul style="list-style-type: none"> • Allergy • Elderly Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY • PRACTICE SOO WITH YOUR STUDY BUDDY 	March 9th Review Topics: <ul style="list-style-type: none"> • Congestive Heart Failure • Shortness of Breath Test Your Knowledge: <ul style="list-style-type: none"> • Click here to access 	March 10th 	March 11th Review Topics: <ul style="list-style-type: none"> • Skin Disorder & Rash • Chronic Pain & Pain Test Your Knowledge: <ul style="list-style-type: none"> • Click here to access • Click here to access 	March 12th Review SOO Dos and DON'Ts: <ul style="list-style-type: none"> • Click here to access Review the SOO tips and infographic: <ul style="list-style-type: none"> • Click here to access • Review pages with the "We think you should memorize this" owl
March 13th REVIEW OF TOPICS BEGINS – LETS RAMP UP! Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY • PRACTICE SOO WITH YOUR STUDY BUDDY 	March 14th 	March 15th Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY • PRACTICE SOO WITH YOUR STUDY BUDDY 	March 16th 	March 17th FMEP WEST COAST COURSE 	March 18th FMEP WEST COAST COURSE 	March 19th FMEP WEST COAST COURSE 
March 20th 	March 21st Review Topics: <ul style="list-style-type: none"> • Hyperlipidemia • Chest Pain Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY 	March 22nd Review Topics: <ul style="list-style-type: none"> • Contraception • Eating disorders Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY 	March 23rd Review Topics: <ul style="list-style-type: none"> • Personality Disorder & Counselling • Substance Abuse 	March 24th 	March 25th Review Topics: <ul style="list-style-type: none"> • Neck Pain • Red eye Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY 	March 26th Review Topics: <ul style="list-style-type: none"> • Travel Medicine • Poisoning Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY
March 27th Review Topics: <ul style="list-style-type: none"> • Family Issues • Grief Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SAMP 	March 28th 	March 29th Review Topics: <ul style="list-style-type: none"> • Croup • Earache 	March 30th Review Topics: <ul style="list-style-type: none"> • Seizures • Loss of consciousness 	March 31st Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SOO WITH YOUR STUDY BUDDY • PRACTICE SOO WITH YOUR STUDY BUDDY 		

April						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					April 1st 	April 2nd Review Topics: <ul style="list-style-type: none"> • Loss of Weight • Palliative Care
April 3rd Review Topics: <ul style="list-style-type: none"> • Fatigue • Joint Disorder 	April 4th Review Topics: <ul style="list-style-type: none"> • Trauma • ACLS • Pneumonia • Infections • Antibiotics • Osteoporosis • Hyperlipidemia • Hypertension Test Your Knowledge: <ul style="list-style-type: none"> • PRACTICE SAMP 	April 5th 	April 6th Review pages with the "We think you should memorize this" owl 	April 7th Review pages with the "We think you should memorize this" owl 	April 8th Review pages with the "We think you should memorize this" owl 	April 9th Review pages with the "We think you should memorize this" owl 
April 10th 	April 11th CCFP SAMP EXAM	April 12th CCFP SAMP EXAM	April 13th CCFP SAMP EXAM	April 14th 	April 15th Review pages with the "We think you should memorize this" owl 	April 16th Review pages with the "We think you should memorize this" owl 
April 17th Review pages with the "We think you should memorize this" owl 	April 18th Review pages with the "We think you should memorize this" owl 	April 19th Review pages with the "We think you should memorize this" owl 	April 20th Review pages with the "We think you should memorize this" owl 	April 21st 	April 22nd CCFP SOO EXAM	April 23rd CCFP SOO EXAM
April 24th 	April 25th Review pages with the "We think you should memorize this" owl 	April 26th Review pages with the "We think you should memorize this" owl 	April 27th Review pages with the "We think you should memorize this" owl 	April 28th 	April 29th CCFP SOO EXAM	April 30th CCFP SOO EXAM